

A brief overview

A level	Cambridge Technical Extended Certificate
<ul style="list-style-type: none"> • Linear course • Assessed at the end of the second year • Three exams (70% of final grade) • No opportunity to re-sit • One practical sport required: playing or coaching (30% of final grade) must be competing regularly • All lessons are theory based • Entry requirements: Maths 4; English 4; Science 5,5 • More science based units 	<ul style="list-style-type: none"> • Linear course • Assessed throughout the two years • Two exams- 1/year (42% of final grade) • Opportunity to resit exams • No practical sport required- but an interest and willingness to participate needed • Lessons are mainly theory based but with more practical application • Entry requirements: Maths 4; English 4; Science 4,4 • Some coaching and sports organisation units

If...

- you enjoy science and the physiology of how the body works and how this changes with exercise;
- are predicted higher than grade 5 in science;
- are performing to a good standard in a sport and regularly competing/training,
- think you may be interested in a sports science related, physiotherapy or psychology degree;

...then we would recommend A level PE.

If...

- you are not as keen on the physiology of how the body works and how it changes with exercise;
- have a keen interest in sport but do not necessarily excel in one particular sport;
- are predicted grade 4 or 5 in science;
- think you may be interested in a sports management/ business/ coaching degree or a possible apprenticeship within the sport and leisure industry;
- well organised with good time management and enjoy coursework based tasks such as research, investigations and analysis of performance;

...then we would recommend Cambridge Technical in Sport.